



2019 AAU WINTER JUMP ROPE INVITATIONAL

Where: North Laurel Community Center, 9411 Whiskey Bottom Road, Laurel MD 20723

When: Saturday February 2, 2019 from 8:00 a.m. to 5:00 p.m.

Hosted by: Kangaroo Kids

Who Should Come? Anyone interested in competition Jump Rope for fun and jumpers wanting to get ready for the spring competition season. This tournament is for both Novice and Experienced jumpers.

Events: Separate Novice and Experienced Division* in each Age-Group and Gender

Individual Single Rope Events:

- Speed – 1 Minute - all age groups, alternate feet for each rope rotation;
- Power – 1 Minute – all age groups, completed double unders are counted;
- Freestyle to music - 60-75 seconds, all age groups;
- 1 Minute Timed Triple Unders – for ages 15+ only, combined age-division

*Novice = has never competed in an official jump rope competition

*Experienced = has competed in a previous official jump rope competition

Age-groups: 8 and under, 9-10, 11-12, 13-14, 15-16, 17-18, and 19-22
Separate Male and Female divisions
Age is determined by the competitor's age on June 15, 2019.
Note: Age groups may be combined if there are less than 3 entries in an event age group.

Awards: Gold medal to winner of each event, ribbons awarded for 2nd through 8th place
Participation ribbons for all participants.

Cost: \$40 registration fee, payable to Kangaroo Kids

Rules: 2019 AAU competition rules will apply. A copy of the 2019 AAU Jump Rope Rulebook (Handbook) can be downloaded from the web at www.aausports.org; click on Jump Rope. All athletes and coaches must be current AAU members to participate in this tournament. Freestyle music must be on an iPod, iPad or MP3 device.

Officials: Please note that for AAU Jump Rope Competition, one official must be provided for every 4 athletes competing from a team. All judges and officials must be current AAU members.

To Register: Entry Forms may be obtained from Cindy Bork, Tournament Director, borkcindy91@gmail.com

Deadline: **January 6, 2019 (Late fee \$10 for all late registrations)**

Spectators: Spectators are welcome at no charge

Concessions: Limited concessions available for purchase at this event and there are carry-out restaurants near the facility. Participants may bring their lunch or choose to pre-order a box lunch. Information on how to pre-order lunch and event t-shirts will be included with Tournament Registration Entry information.

NOTES:

- This event is licensed by the Amateur Athletic Union of the U. S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU membership must be obtained before the competition begins.
- Adult and Non-Athlete memberships are no longer instant. Please allow at least 10 days for membership to be processed.
- Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.

AAU MARYLAND JUMP ROPE INVITATIONAL TOURNAMENT - February 2, 2019

REGISTRATION INFORMATION

ATHLETE REGISTRATION: Athlete registration should be done online at <http://registration.kangarookids.org/2019WinterInvitational>. If you do not already have a Kangaroo Kids Blue Sombrero User Account, you will be asked to create one before you can register. Event T-Shirts and Lunches are available by Pre-Order Only and can be added to your athlete registration. Payment can be made online with a credit card or if you prefer to pay by check, select "pay by check" and mail to Kangaroo Kids.

Long Sleeve Event T-Shirts may be ordered online for \$20.00. Deadline for Shirt orders is Jan. 6, 2019
Sizes available are Youth Medium, Youth Large, Adult Small, Adult Medium, Adult Large, and Adult X-Large.

Lunches are available by Pre-Order only and may be ordered online. Deadline for placing lunch orders is Jan. 20, 2019
Lunch Options:

1. CFA Sandwich Meal: Includes Chick Fil A Sandwich, chips, cookie, and bottled water for \$7.00
2. CFA Wrap Meal: Includes Chick Fil Grilled Wrap, chips, cookie, and bottled water for \$9.00

COACHES must complete the separate **AAU Invitational Team Registration Spreadsheet** and send by registration deadline to Cindy Bork at borkcindy91@gmail.com. This spreadsheet includes the required Athlete Event Entry Information and Judge/Volunteer Nomination Form. If you did not receive this spreadsheet, please send email to borkcindy91@gmail.com.

Registration Spreadsheet Directions FOR COACHES: Complete required information on each worksheet

1. Team and Coach Info Worksheet: provide the required information for coach, coach of record, and support box people as indicated
2. Athlete and Event Entry Worksheet:
 - List name of each athlete competing and provide information requested in each column.
 - **Please note: Novice Division is for first-time competitors only.** If athlete has competed in a previous sanctioned jump rope competition, they are not eligible to compete again in Novice Division and will be in regular division.
3. Judge and Volunteer Nomination Worksheet: provide names of available judges and volunteers. Teams are required to provide a minimum of 1 trained judge for every 4 athletes competing, additional judges are always helpful! A judge that is only available either as just a speed judge or just a freestyle judge will count as 0.5 judge. Non-judging volunteers are also needed to help with this event.

Competition Location: North Laurel Community Center Gym, 9411 Whiskey Bottom Road, Laurel, MD 20723

Final Schedule of Events will be made available after registration deadline. Coach check-in tentatively scheduled for 8:30am, Judges/Officials Meeting at 8:50am, and Competition starting at 9:15am.

Notes:

- Participants may pre-order a lunch as part of registration, or they may bring a bag lunch or be prepared to go out to purchase lunch.
- Complimentary lunch for judges and officials will be provided.
- Jump Rope related merchandise will be available.
- Teams are required to provide 1 official, judge, or volunteer for every 4 competitors
- The deadline of January 6, 2019 must be observed; Late registrations must include \$10 late fee.

OVERNIGHT ACCOMMODATIONS: Participants seeking hotel rooms can check the internet for hotels in the area that would suit your needs. North Laurel is just southeast of Columbia, MD, search for hotels in the Columbia/North Laurel areas.